

## MIDDAY PRAYER

*Officiant* O God, make speed to save us;

*People* O Lord, make haste to help us.

*Officiant* Glory be to the Father, and to the Son, and to the Holy Ghost;

*People* As it was in the beginning, is now, and ever shall be, world without end. Amen.

*Except in Lent, add Alleluia.*

*A suitable hymn may be sung.*

*One or more of the following, or some other suitable Psalm, is sung or said.*

PSALM 119:105-112

*Lucerna pedibus meis*

<sup>105</sup> Thy word is a lantern unto my feet \*  
and a light unto my paths.

<sup>106</sup> I have sworn, and am steadfastly purposed \*  
to keep thy righteous judgments.

<sup>107</sup> I am troubled above measure; \*  
quicken me, O LORD, according to thy word.

- 108 Let the free-will offerings  
of my mouth please thee, O LORD; \*  
and teach me thy judgments.
- 109 My life is always in my hand, \*  
yet do I not forget thy law.
- 110 The ungodly have laid a snare for me, \*  
but yet I swerved not from thy commandments.
- 111 Thy testimonies have I claimed as mine heritage for ever, \*  
and why? They are the very joy of my heart.
- 112 I have applied my heart to fulfill thy statutes always, \*  
even unto the end.

PSALM 121

*Levavi oculos*

- 1 I will lift up mine eyes unto the hills; \*  
from whence cometh my help?
- 2 My help cometh even from the LORD, \*  
who hath made heaven and earth.
- 3 He will not suffer thy foot to be moved, \*  
and he that keepeth thee will not sleep.
- 4 Behold, he that keepeth Israel \*  
shall neither slumber nor sleep.
- 5 The LORD himself is thy keeper; \*  
the LORD is thy defense upon your right hand;
- 6 So that the sun shall not burn thee by day, \*  
neither the moon by night.
- 7 The LORD shall preserve thee from all evil; \*  
yea, it is even he that shall keep thy soul.
- 8 The LORD shall preserve thy going out and thy coming in, \*  
from this time forth for evermore.

PSALM 124  
*Nisi quia Dominus*

- 1 If the LORD himself had not been on our side, now may  
Israel say; \*  
if the LORD himself had not been on our side, when men  
rose up against us;
- 2 Then had swallowed us up alive; \*  
when they were so wrathfully displeased with us;
- 3 Yea, the waters had drowned us, \*  
and the stream had gone over our soul.
- 4 The deep waters of the proud \*  
had gone even over our soul.
- 5 But praised be the LORD, \*  
who hath not given us over for a prey unto their teeth.
- 6 Our soul is escaped even as a bird out  
of the snare of the fowler; \*  
the snare is broken, and we are delivered.
- 7 Our help standeth in the Name of the LORD, \*  
who hath made heaven and earth.

PSALM 126  
*In convertendo*

- 1 When the LORD turned again the captivity of Zion, \*  
then were we like unto them that dream.
- 2 Then was our mouth filled with laughter \*  
and our tongue with joy.
- 3 Then said they among the heathen, \*  
The LORD hath done great things for them.
- 4 Yea, the LORD hath done great things for us already, \*  
whereof we rejoice.
- 5 Turn our captivity, O LORD, \*  
as the rivers in the south.

- 6 Those that sow in tears \*  
shall reap in joy.
- 7 He that now goeth on his way weeping,  
and bearing forth good seed \*  
shall doubtless come again with joy,  
and bring his sheaves with him.

*At the end of the Psalms the Gloria Patri (Glory be...) is sung or said*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

*One of the following, or some other suitable passage of Scripture, is read*

Jesus said, "Now is the judgment of this world: now shall the prince of this world be cast out. And I, if I be lifted up from the earth, will draw all men unto me." JOHN 12:31-32

If any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation.

2 CORINTHIANS 5:17-18

From the rising of the sun even unto the going down of the same my name shall be great among the Gentiles; and in every place incense shall be offered unto my name, and a pure offering: for my name shall be great among the heathen, saith the Lord of hosts.

MALACHI 1:11

*At the end of the reading is said*

The Word of the Lord.  
*People* **Thanks be to God.**

*A meditation, silent or spoken, may follow.*

*The Officiant then begins the Prayers*

*Officiant* I will bless the Lord at all times.

*People* His praise shall ever be in my mouth.

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

*Officiant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

*Officiant* O Lord, hear our prayer;

*People* And let our cry come unto thee.

*Officiant* Let us pray.

*The Officiant then says one or more of the following Collects. Other appropriate Collects may also be used.*

Blessed Savior, who at this hour didst hang upon the cross stretching out thy loving arms: Grant that all the peoples of the earth may look unto thee and be saved; for thy tender mercies' sake. **Amen.**

Almighty Savior, who at mid-day didst call thy servant Saint Paul to be an apostle to the Gentiles: We pray thee to illumine the world with the radiance of thy glory, that all nations may come and worship thee; for thou livest and reignest with the Father and the Holy Spirit, one God, world without end. **Amen.**

Father of all mercies, thou hast revealed thy boundless compassion to thine apostle Saint Peter in a three-fold vision: Forgive our unbelief, we pray, and so strengthen our hearts and enkindle our zeal, that we may fervently desire the salvation of all people, and diligently labor in the extension of thy kingdom; through him who gave himself for the life of the world, thy Son our Savior Jesus Christ. **Amen.**

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ announced by the message of an angel to the Virgin Mary, so by his cross and passion we may be brought unto the glory of his resurrection; through the same Christ our Lord. **Amen.**

*Silence may be kept, and other intercessions and thanksgivings may be offered.*

*Officiant* Let us bless the Lord.  
*People* **Thanks be to God.**

*From Easter Day through the Day of Pentecost, "Alleluia, alleluia" may be added*

*to the preceding versicle and response.*

*The Officiant may conclude with this, or one of the other concluding sentences from Morning and Evening Prayer.*

The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Ghost, be with us all evermore.

**Amen.**

2 CORINTHIANS 13:14<sup>T</sup>

### ADDITIONAL DIRECTIONS

Other suitable selections from the Psalter include Psalms 19, 67, one or more sections of Psalm 119, or a selection from Psalms 120 through 133.

Either version of the Lord's Prayer may be ended with, "deliver us from evil. Amen." omitting the concluding doxology.