ment of God in order to establish your tradition! ¹⁰ For Moses said, 'Honor your father and your mother'; and, 'Whoever reviles father or mother must surely die.' ¹¹ But you say, 'If a man tells his father or his mother, "Whatever you would have gained from me is Corban"' (that is, given to God)—¹² then you no longer permit him to do anything for his father or mother, ¹³ thus making void the word of God by your tradition that you have handed down. And many such things you do." ¹⁴ And he called the people to him again and said to them, "Hear me, all of you, and understand: ¹⁵ There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him." ¹⁷ And when he had entered the house and left the people, his disciples asked him about the parable. ¹⁸ And he said to them, "Then are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile him, ¹⁹ since it enters not his heart but his stomach, and is expelled?" (Thus he declared all foods clean.) ²⁰ And he said, "What comes out of a person is what defiles him. ²¹ For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, ²² coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. ²³ All these evil things come from within, and they defile a person."

Deacon:The Gospel of the Lord.People:Praise to you, Lord Christ.

Offertory and Post-Communion Sentences

(Drawn from verses of Holy Scripture, these sentences are chosen by the celebrant or preacher to reinforce the lessons or teaching of the day.)

PROPER PREFACE

The Lord's Day

Through Jesus Christ our Lord, who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.



Opening Acclamation

Celebrant Blessed be God, the Father, the Son and the Holy Spirit.*People* And blessed be his kingdom, now and forever. Amen.

Collect of the Day

O Lord, we pray that your grace may always precede and follow after us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Old Testament Reading

Deuteronomy 4:1-9

"And now, O Israel, listen to the statutes and the rules that I am teaching you, and do them, that you may live, and go in and take possession of the land that the LORD, the God of your fathers, is giving you. ² You shall not add to the word that I command you, nor take from it, that you may keep the commandments of the LORD your God that I command you.³ Your eyes have seen what the LORD did at Baal-peor, for the LORD your God destroyed from among you all the men who followed the Baal of Peor. ⁴ But you who held fast to the LORD your God are all alive today. ⁵ See, I have taught you statutes and rules, as the LORD my God commanded me, that you should do them in the land that you are entering to take possession of it. ⁶ Keep them and do them, for that will be your wisdom and your understanding in the sight of the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and understanding people.⁷ For what great nation is there that has a god so near to it as the LORD our God is to us, whenever we call upon him? 8 And what great nation is there, that has statutes and rules so righteous as all this law that I set before you today? ⁹ "Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart

Sources: The Collect of the Day is taken from the Book of Common Prayer 2019. The Psalm verses are taken from the New Coverdale Psalter of the BCP 2019. Scripture quotations are taken from The ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

all the days of your life. Make them known to your children and your children's children—

*Reader:*The word of the Lord.*People:*Thanks be to God.

PSALTER VERSES

(In said services, the psalm verses may be placed between the Epistle and the Gospel, with the congregation standing in preparation for the Gospel. At services where there is a hymn or canticle before the Gospel, the psalm might be said between the Old Testament and Epistle, the people seated.)

Psalm 15

- ¹ LORD, who shall dwell in your tabernacle? * Or who shall rest upon your holy hill?
- ² Whoever leads an uncorrupt life, * and does that which is right, and speaks the truth from his heart.
- ³ He has not spoken deceitfully with his tongue, nor done evil to his neighbor, *

and has not slandered his neighbor.

- ⁴ In his eyes the wicked is rejected, * and he makes much of those who fear the LORD.
- ⁵ He swears to his neighbor and disappoints him not, * though it were to his own hindrance.
- ⁶ He has not given his money for usury, * nor taken a bribe against the innocent.
- ⁷ Whoever does these things * shall never be overthrown.

New Testament Reading

Ephesians 6:10-20

Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. ¹⁴ Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵ and, as shoes for your feet, having put on the readiness given by the gospel of peace. ¹⁶ In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷ and take the helmet of salvation, and the sword of the Spirit, which is the word of God, ¹⁸ praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, ¹⁹ and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, ²⁰ for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

Reader: The word of the Lord.*People:* Thanks be to God.

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The Holy Gospel

- *Deacon:* The Holy Gospel of Our Lord Jesus Christ, according to St. Mark.
- People: Glory to you, Lord Christ.

Mark 7:1-23

Now when the Pharisees gathered to him, with some of the scribes who had come from Jerusalem, ² they saw that some of his disciples ate with hands that were defiled, that is, unwashed. ³ (For the Pharisees and all the Jews do not eat unless they wash their hands properly, holding to the tradition of the elders, ⁴ and when they come from the marketplace, they do not eat unless they wash. And there are many other traditions that they observe, such as the washing of cups and pots and copper vessels and dining couches.) ⁵ And the Pharisees and the scribes asked him, "Why do your disciples not walk according to the tradition of the elders, but eat with defiled hands?" ⁶ And he said to them, "Well did Isaiah prophesy of you hypocrites, as it is written,

"This people honors me with their lips, but their heart is far from me; ⁷ in vain do they worship me, teaching as doctrines the commandments of men." ⁸ You leave the commandment of God and hold to the tradition of men."

9 And he said to them, "You have a fine way of rejecting the command-