

crushed; perplexed, but not driven to despair; <sup>9</sup> persecuted, but not forsaken; struck down, but not destroyed; <sup>10</sup> always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. <sup>11</sup> For we who live are always being given over to death for Jesus' sake, so that the life of Jesus also may be manifested in our mortal flesh. <sup>12</sup> So death is at work in us, but life in you.

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

## THE HOLY GOSPEL

*Deacon:* The Holy Gospel of Our Lord Jesus Christ, according to St. Mark.

*People:* **Glory to you, Lord Christ.**

### Mark 2:23-28

One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain. <sup>24</sup> And the Pharisees were saying to him, "Look, why are they doing what is not lawful on the Sabbath?" <sup>25</sup> And he said to them, "Have you never read what David did, when he was in need and was hungry, he and those who were with him: <sup>26</sup> how he entered the house of God, in the time of Abiathar the high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those who were with him?" <sup>27</sup> And he said to them, "The Sabbath was made for man, not man for the Sabbath. <sup>28</sup> So the Son of Man is lord even of the Sabbath."

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

## OFFERTORY AND POST-COMMUNION SENTENCES

*(Drawn from verses of Holy Scripture, these sentences are chosen by the celebrant or preacher to reinforce the lessons or teaching of the day.)*

## PROPER PREFACE

*The Lord's Day*

Through Jesus Christ our Lord, who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

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Sources: The Collect of the Day is taken from the Book of Common Prayer 2019. The Psalm verses are taken from the New Coverdale Psalter of the BCP 2019. Scripture quotations are taken from The ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.



## OPENING ACCLAMATION

*Celebrant* Blessed be God, the Father, the Son and the Holy Spirit.

*People* **And blessed be his kingdom, now and forever. Amen.**

## COLLECT OF THE DAY

O God, the protector of all those who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy, that, with you as our ruler and guide, we may so pass through things temporal that we lose not the things eternal; grant this, heavenly Father, for the sake of your Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## FIRST READING

### Deuteronomy 5:6-21

"I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery.

<sup>7</sup> "You shall have no other gods before me.

<sup>8</sup> "You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. <sup>9</sup> You shall not bow down to them or serve them; for I the LORD your God am a jealous God, visiting the iniquity of the fathers on the children to the third and fourth generation of those who hate me, <sup>10</sup> but showing steadfast love to thousands of those who love me and keep my commandments.

<sup>11</sup> "You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes his name in vain.

<sup>12</sup> "Observe the Sabbath day, to keep it holy, as the LORD your God commanded you. <sup>13</sup> Six days you shall labor and do all your work, <sup>14</sup> but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you or your son or your daughter or your male servant or your female servant, or your ox or your donkey or any of your livestock, or the sojourner who is within your gates, that your male servant and your female servant

may rest as well as you. <sup>15</sup> You shall remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm. Therefore the LORD your God commanded you to keep the Sabbath day.

<sup>16</sup> “Honor your father and your mother, as the LORD your God commanded you, that your days may be long, and that it may go well with you in the land that the LORD your God is giving you.

<sup>17</sup> “You shall not murder.

<sup>18</sup> “And you shall not commit adultery.

<sup>19</sup> “And you shall not steal.

<sup>20</sup> “And you shall not bear false witness against your neighbor.

<sup>21</sup> “And you shall not covet your neighbor's wife. And you shall not desire your neighbor's house, his field, or his male servant, or his female servant, his ox, or his donkey, or anything that is your neighbor's.’

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

## PSALTER VERSES

*(In said services, the psalm verses may be placed between the Epistle and the Gospel, with the congregation standing in preparation for the Gospel. At services where there is a hymn or canticle before the Gospel, the psalm might be said between the Old Testament and Epistle, the people seated.)*

### Psalm 81:1-10(11-16)

<sup>1</sup> O sing merrily unto God our strength; \*  
make a cheerful noise unto the God of Jacob.

<sup>2</sup> Take the psalm, bring hither the timbrel, \*  
the merry harp with the lute.

<sup>3</sup> Blow the trumpet at the new moon, \*  
even in the time appointed, and on our solemn feast day.

<sup>4</sup> For this was made a statute for Israel \*  
and a law of the God of Jacob.

<sup>5</sup> This he laid upon Joseph for a testimony, \*  
when he came out of the land of Egypt.

<sup>6</sup> “I eased his shoulder from the burden, \*  
and his hands were delivered from bearing the load.

<sup>7</sup> You called upon me in troubles, and I delivered you, \*

and I answered you in the thundercloud and tested you at the waters of strife.

<sup>8</sup> Hear, O my people, and I will admonish you; \*  
O Israel, if you will hearken unto me,

<sup>9</sup> There shall be no strange god among you, \*  
neither shall you worship any other god.

<sup>10</sup> I am the LORD your God, who brought you out of the land of Egypt; \*  
open your mouth wide, and I shall fill it.

( <sup>11</sup> But my people would not hear my voice, \*  
and Israel would not obey me.

<sup>12</sup> So I gave them up to the stubbornness of their hearts, \*  
and let them follow their own imaginations.

<sup>13</sup> Oh, that my people would have hearkened unto me, \*  
that Israel had walked in my ways.

<sup>14</sup> I would soon have put down their enemies \*  
and turned my hand against their adversaries.

<sup>15</sup> The haters of the LORD would humble themselves before him, \*  
and their time of punishment would endure for ever.

<sup>16</sup> But Israel would I feed with the finest wheat-flour, \*  
and with honey out of the stony rock would I satisfy him.” )

## NEW TESTAMENT READING

### 2 Corinthians 4:1-12

Therefore, having this ministry by the mercy of God, we do not lose heart.

<sup>2</sup> But we have renounced disgraceful, underhanded ways. We refuse to practice cunning or to tamper with God's word, but by the open statement of the truth we would commend ourselves to everyone's conscience in the sight of God. <sup>3</sup> And even if our gospel is veiled, it is veiled to those who are perishing. <sup>4</sup> In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God. <sup>5</sup> For what we proclaim is not ourselves, but Jesus Christ as Lord, with ourselves as your servants for Jesus' sake. <sup>6</sup> For God, who said, “Let light shine out of darkness,” has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

<sup>7</sup> But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us. <sup>8</sup> We are afflicted in every way, but not