

MIDDAY PRAYER

Officiant O God, make speed to save us;

People O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son,
and to the Holy Ghost;

People As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Officiant Praise ye the Lord.

People The Lord's Name be praised.

A suitable hymn may be sung.

One or more of the following, or some other suitable Psalm, is sung or said.

PSALM 119:105-112

Lucerna pedibus meis

¹⁰⁵ Thy word is a lantern unto my feet *
and a light unto my paths.

¹⁰⁶ I have sworn, and am steadfastly purposed *
to keep thy righteous judgments.

¹⁰⁷ I am troubled above measure; *
quicken me, O LORD, according to thy word.

- 108 Let the free-will offerings of my mouth please thee,
O LORD; *
and teach me thy judgments.
- 109 My soul is always in my hand, *
yet do I not forget thy law.
- 110 The ungodly have laid a snare for me, *
but yet I swerved not from thy commandments.
- 111 Thy testimonies have I claimed as mine heritage for ever, *
and why? they are the very joy of my heart.
- 112 I have applied my heart to fulfill thy statutes always, *
even unto the end.

PSALM 121

Levavi oculos

- 1 I will lift up mine eyes unto the hills; *
from whence cometh my help?
- 2 My help cometh even from the LORD, *
who hath made heaven and earth.
- 3 He will not suffer thy foot to be moved, *
and he that keepeth thee will not sleep.
- 4 Behold, he that keepeth Israel *
shall neither slumber nor sleep.
- 5 The LORD himself is thy keeper; *
the LORD is thy defense upon thy right hand;
- 6 So that the sun shall not burn thee by day, *
neither the moon by night.
- 7 The LORD shall preserve thee from all evil; *
yea, it is even he that shall keep thy soul.
- 8 The LORD shall preserve thy going out and thy coming in, *
from this time forth for evermore.

PSALM 124
Nisi quia Dominus

- 1 If the LORD himself had not been on our side, now may
Israel say; *
 if the LORD himself had not been on our side, when men
 rose up against us;
- 2 Then had swallowed us up alive; *
 when they were so wrathfully displeased with us;
- 3 Yea, the waters had drowned us, *
 and the stream had gone over our soul.
- 4 The deep waters of the proud *
 had gone even over our soul.
- 5 But praised be the LORD, *
 who hath not given us over for a prey unto their teeth.
- 6 Our soul is escaped even as a bird out of
the snare of the fowler; *
 the snare is broken, and we are delivered.
- 7 Our help standeth in the Name of the LORD, *
 who hath made heaven and earth.

PSALM 126
In convertendo

- 1 When the LORD turned again the captivity of Zion, *
 then were we like unto them that dream.
- 2 Then was our mouth filled with laughter *
 and our tongue with joy.
- 3 Then said they among the heathen, *
 The LORD hath done great things for them.
- 4 Yea, the LORD hath done great things for us already, *
 whereof we rejoice.
- 5 Turn our captivity, O LORD, *
 as the rivers in the south.

- 6 Those that sow in tears *
shall reap in joy.
- 7 He that now goeth on his way weeping, and beareth forth
good seed *
shall doubtless come again with joy, and bring
his sheaves with him.

At the end of the Psalms the Gloria Patri (Glory be...) is sung or said

**Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be,
world without end. Amen.**

One of the following, or some other suitable passage of Scripture, is read

Jesus said, "Now is the judgment of this world: now shall the
prince of this world be cast out. And I, if I be lifted up from the
earth, will draw all men unto me." JOHN 12:31-32

If any man be in Christ, he is a new creature: old things are
passed away; behold, all things are become new. And all
things are of God, who hath reconciled us to himself by Jesus
Christ, and hath given to us the ministry of reconciliation.

2 CORINTHIANS 5:17-18

From the rising of the sun to its setting my Name shall be great
among the nations, and in every place incense shall be offered
to my Name, and a pure offering; for my name shall be great
among the nations, says the LORD of Hosts. MALACHI 1:11

At the end of the reading is said

The Word of the Lord.
People **Thanks be to God.**

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Officiant I will bless the Lord at all times.

People His praise shall ever be in my mouth.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

Officiant O Lord, hear our prayer;

People And let our cry come unto thee.

Officiant Let us pray.

The Officiant then says one or more of the following Collects. Other appropriate Collects may also be used.

Blessed Savior, who at this hour didst hang upon the cross stretching out thy loving arms: Grant that all mankind may look unto thee and be saved; for thy tender mercies' sake. **Amen.**

Almighty Savior, who at mid-day didst call thy servant Saint Paul to be an Apostle to the Gentiles: We beseech thee to illumine the world with the radiance of thy glory, that all nations may come and worship thee; who art, with the Father and the Holy Ghost, one God, world without end. **Amen.**

Father of mercies, who to thine Apostle Saint Peter didst reveal in three-fold vision thy boundless compassion: Forgive, we pray thee, our unbelief, and so enlarge our hearts, and enkindle our zeal, that we may fervently desire the salvation of all men, and with more ready diligence labor in the extension of thy kingdom; for his sake, who gave himself for the life of the world, thy Son our Savior Jesus Christ. **Amen.**

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ announced by the message of an angel to the Virgin Mary, so by his cross and passion we may be brought unto the glory of his resurrection.; through the same Christ our Lord. **Amen.**

Silence may be kept, and other intercessions and thanksgivings may be offered.

Officiant Let us bless the Lord.
People **Thanks be to God.**

From Easter Day through the Day of Pentecost, "Alleluia, alleluia" may be added to the preceding versicle and response.

The Officiant may conclude with this, or one of the other concluding sentences from Morning and Evening Prayer.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

Amen.

2 CORINTHIANS 13:14^T

ADDITIONAL DIRECTIONS

The Officiant and People may join in saying “Alleluia” (except in Lent) as an alternative to the versicles “Praise ye the Lord. The Lord’s Name be praised.”

Other suitable selections from the Psalter include Psalms 19, 67, one or more sections of Psalm 119, or a selection from Psalms 120 through 133.

The Lord’s Prayer may be ended with, “deliver us from evil. Amen.” omitting the concluding doxology.