

DAILY MORNING PRAYER

The Officiant may begin Morning Prayer by reading an opening sentence of Scripture. One of the following, or a sentence from among those provided at the end of the Office (pages 28-30), is customary.

Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ.

PHILIPPIANS 1:2

or this

I was glad when they said unto me, We will go into the house of the LORD.

PSALM 122:1

or this

Let the words of my mouth, and the meditation of my heart, be always acceptable in thy sight, O LORD, my strength and my redeemer.

PSALM 19:14

CONFESSION OF SIN

The Officiant says to the People

Dearly beloved brethren, the Scripture moveth us, in sundry places, to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloak them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy. And although we ought, at all times, humbly to acknowledge our sins before God; yet ought we chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word,

and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart, and humble voice, unto the throne of the heavenly grace, saying after me;

or this

Let us humbly confess our sins unto Almighty God.

Silence is kept. All kneeling, the Officiant and People say

Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep.
We have followed too much the devices and desires
of our own hearts.
We have offended against thy holy laws.
We have left undone those things which we ought to have done,
and we have done those things which we ought not
to have done;
and [apart from thy grace,] there is no health in us.
But thou, O Lord, have mercy upon us miserable offenders.
Spare thou those, O God, who confess their faults.
Restore thou those that are penitent; according to thy promises
declared unto mankind in **Christ Jesus our Lord.**
And grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Priest alone stands and says

Almighty God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness and live; and hath given power and commandment to his ministers to declare and pronounce to his

people, being penitent, the absolution and remission of their sins: He pardoneth and absolveth all them that truly repent and unfeignedly believe his holy Gospel. Wherefore let us beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do at this present, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

or this

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of the Holy Spirit. **Amen.**

A Deacon or layperson remains kneeling and prays

Grant, we beseech thee, merciful Lord, to thy faithful people pardon and peace, that they may be cleansed from all their sins and serve thee with a quiet mind; through Jesus Christ our Lord. **Amen.**

INVITATORY

All stand.

Officiant O Lord, open thou our lips;
People **And our mouth shall show forth thy praise.**

Officiant O God, make speed to save us;
People **O Lord, make haste to help us.**

Officiant Glory be to the Father, and to the Son,
and to the Holy Ghost;

People **As it was in the beginning, is now, and ever shall be,
world without end. Amen.**

Officiant Praise ye the Lord.

People **The Lord's Name be praised.**

Then follows the Venite. Alternatively, the Jubilate may be used.

One of these antiphons, or one from the seasonal antiphons provided at the end of the Office (pages 30–31), may be sung or said before and after the Invitatory Psalm.

The earth is the Lord's for he made it: *
O come, let us adore him.

or this

Worship the Lord in the beauty of holiness: *
O come, let us adore him.

or this

The mercy of the Lord is everlasting: *
O come, let us adore him.

VENITE
O Come

O come, let us sing unto the LORD; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and show ourselves glad in him with psalms.
For the LORD is a great God *
and a great King above all gods.
In his hand are all the corners of the earth, *
and the strength of the hills is his also.
The sea is his, and he made it, *
and his hands prepared the dry land.
O come, let us worship and fall down, *
and kneel before the LORD our Maker.
For he is the Lord our God; *
and we are the people of his pasture,
and the sheep of his hand.

The following verses may be omitted, except in Lent.

Today, if ye will hear his voice, harden not your hearts *
as in the provocation, and as in the day of temptation in
the wilderness,
When your fathers tempted me, *
proved me, and saw my works.
Forty years long was I grieved with this generation and said, *
It is a people that do err in their hearts,
for they have not known my ways:
Unto whom I swear in my wrath *
that they should not enter into my rest.

PSALM 95:1-7, 8-11

or this

JUBILATE
Be Joyful

O be joyful in the LORD, all ye lands; *
serve the LORD with gladness,
and come before his presence with a song.
Be ye sure that the LORD he is God; *
it is he that hath made us, and not we ourselves;
we are his people, and the sheep of his pasture.
O go your way into his gates with thanksgiving,
and into his courts with praise; *
be thankful unto him, and speak good of his Name.
For the LORD is gracious, his mercy is everlasting, *
and his truth endureth from generation to generation.

PSALM 100

*During the first week of Easter, the Pascha Nostrum, without antiphons, is used
in place of the Invitatory Psalm, and it may be used throughout Eastertide.*

PASCHA NOSTRUM
Christ our Passover

Alleluia. Christ our Passover is sacrificed for us; *
therefore let us keep the feast;
Not with the old leaven,
neither with the leaven of malice and wickedness: *
but with the unleavened bread of sincerity and truth. Alleluia.
Christ being raised from the dead dieth no more: *
death hath no more dominion over him.
For in that he died, he died unto sin once: *
but in that he liveth, he liveth unto God.
Likewise reckon ye also yourselves to be dead indeed unto sin: *
but alive unto God through Jesus Christ our Lord. Alleluia.
Christ is risen from the dead: *
and become the first-fruits of them that slept.
For since by man came death: *
by man came also the resurrection of the dead.
For as in Adam all die, *
even so in Christ shall all be made alive. Alleluia.

I CORINTHIANS 5:7-8; ROMANS 6:9-11; I CORINTHIANS 15:20-22

Then follows

THE PSALM OR PSALMS APPOINTED

At the end of the Psalms the Gloria Patri (Glory be...) is sung or said

Glory be to the Father, and to the Son, and to the Holy Ghost; *
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

THE LESSONS

One or more Lessons, as appointed, are read, the Reader first saying

A Reading from _____.

A citation giving chapter and verse may be added.

After each lesson the Reader may say

The Word of the Lord.

People **Thanks be to God.**

Or the Reader may say

Here endeth the Reading.

The following Canticles are normally sung or said after each of the lessons. The Officiant may also use a Cantic drawn from the Supplemental Canticles (pages 79-88) or an appropriate song of praise.

TE DEUM LAUDAMUS

We Praise Thee, O God

We praise thee, O God; we acknowledge thee to be the Lord. *

All the earth doth worship thee, the Father everlasting.

To thee all Angels cry aloud;

the heavens, and all the Powers therein. *

To thee Cherubim and Seraphim continually do cry,

Holy, Holy, Holy, Lord God of Sabaoth; *

Heaven and earth are full of the Majesty of thy glory.

The glorious company of the Apostles praise thee. *

The goodly fellowship of the Prophets praise thee.

The noble army of Martyrs praise thee. *

The holy Church throughout all the world

doth acknowledge thee;

the Father of an infinite Majesty;
thine honorable, true and only Son; *
also the Holy Ghost the Comforter.
Thou art the King of Glory, O Christ. *
Thou art the everlasting Son of the Father.
When thou tookest upon thee to deliver man, *
thou didst not abhor the Virgin's womb.
When thou hadst overcome the sharpness of death, *
thou didst open the Kingdom of Heaven to all believers.
Thou sittest at the right hand of God, *
in the glory of the Father.
We believe that thou shalt come to be our Judge. *
We therefore pray thee, help thy servants, whom thou hast
redeemed with thy precious blood.
Make them to be numbered with thy Saints, *
in glory everlasting.

The following verses may be omitted

O Lord, save thy people, and bless thine heritage. *
Govern them and lift them up for ever.
Day by day we magnify thee; *
and we worship thy Name ever, world without end.
Vouchsafe, O Lord, to keep us this day without sin. *
O Lord, have mercy upon us, have mercy upon us.
O Lord, let thy mercy be upon us, as our trust is in thee. *
O Lord, in thee have I trusted; let me never be confounded.

During Lent the Benedictus es, Domine usually replaces the Te Deum, and it may be used at other times.

BENEDICTUS ES, DOMINE
A Song of Praise

Blessed art thou, O Lord God of our fathers; *
praised and exalted above all for ever.
Blessed art thou for the Name of thy Majesty; *
praised and exalted above all for ever.
Blessed art thou in the temple of thy holiness; *
praised and exalted above all for ever.
Blessed art thou that beholdest the depths, and dwellest
between the Cherubim: *
praised and exalted above all for ever.
Blessed art thou on the glorious throne of thy Kingdom: *
praised and exalted above all for ever.
Blessed art thou in the firmament of heaven: *
praised and exalted above all for ever.
Blessed art thou, O Father, Son, and Holy Ghost; *
praised and exalted above all for ever.

SONG OF THE THREE YOUNG MEN, 29-34

BENEDICTUS
The Song of Zechariah

Blessed be the Lord God of Israel; *
for he hath visited and redeemed his people;
And hath raised up a mighty salvation for us, *
in the house of his servant David;
As he spake by the mouth of his holy Prophets, *
which have been since the world began;
That we should be saved from our enemies, *
and from the hand of all that hate us.

To perform the mercy promised to our forefathers, *
and to remember his holy covenant.
To perform the oath which he sware
to our forefather Abraham, *
that he would give us;
That we being delivered out of the hand of our enemies *
might serve him without fear;
In holiness and righteousness before him, *
all the days of our life.
And thou, child, shalt be called the prophet of the Highest: *
for thou shalt go before the face of the Lord
to prepare his ways;
To give knowledge of salvation unto his people *
for the remission of their sins,
Through the tender mercy of our God; *
whereby the day-spring from on high hath visited us;
To give light to them that sit in darkness,
and in the shadow of death, *
and to guide our feet into the way of peace.
Glory be to the Father, and to the Son, and to the Holy Ghost; *
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

LUKE 1:68-79

THE APOSTLES' CREED

Officiant and People together, all standing

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS

Officiant The Lord be with you.

People **And with thy spirit.**

Officiant Let us pray.

The People kneel or stand.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

Officiant O Lord, show thy mercy upon us;

People **And grant us thy salvation.**

Officiant O Lord, guide those who govern us;

People **And lead us in the way of justice and truth.**

Officiant Endue thy ministers with righteousness;

People **And make thy chosen people joyful.**

Officiant O Lord, save thy people;

People **And bless thine inheritance.**

Officiant Give peace in our time, O Lord;

People **And evermore mightily defend us.**

Officiant Let not the needy, O Lord, be forgotten;

People **Nor the hope of the poor be taken away.**

Officiant O God, make clean our hearts within us;

People **And take not thy Holy Spirit from us.**

The Officiant then prays one or more of the following Collects, always beginning with the Collect of the Day (usually the Collect of the Sunday or Principal Feast and of any of the weekdays following, or of the Holy Day being observed), found on pages 602–646. It is traditional to pray the Collects for Peace and Grace daily.

Alternatively, one may pray the Collects on a weekly rotation, using the suggestions in italics.

THE COLLECT OF THE DAY
From the Collects of the Christian Year

A COLLECT FOR STRENGTH TO AWAIT CHRIST'S RETURN
Sunday

O God our King, who by the resurrection of thy Son Jesus Christ on the first day of the week didst conquer sin, put death to flight, and give unto us the hope of everlasting life: Redeem by this victory all our days. Forgive us our sins. Banish our fears. Make us to be bold, that we may praise thee and to do thy will; and strengthen us, that we may await the consummation of thy kingdom on the last, great Day: through the same Jesus Christ our Lord. **Amen.**

A COLLECT FOR THE RENEWAL OF LIFE *Monday*

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. **Amen.**

A COLLECT FOR PEACE *Tuesday*

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

A COLLECT FOR GRACE *Wednesday*

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day; Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings, being ordered by thy governance, may be righteous in thy sight; through Jesus Christ our Lord. **Amen.**

A COLLECT FOR GUIDANCE *Thursday*

O heavenly Father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by thy Holy Spirit, that in all the cares and occupations of our life we may not forget thee, but may remember that we are ever walking in thy sight; through Jesus Christ our Lord. **Amen.**

A COLLECT FOR ENDURANCE *Friday*

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. **Amen.**

A COLLECT FOR SABBATH REST *Saturday*

Almighty God, who after the creation of the world didst rest from all thy works and sanctify a day of rest for all thy creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of thy sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to thy people in heaven; through Jesus Christ our Lord. **Amen.**

Unless the Great Litany or the Eucharist is to follow, one of the following prayers

for mission is added. If the Great Litany is used, it follows here, or after a hymn or anthem, and concludes the Office.

PRAYER FOR MISSION

Almighty and everlasting God, who alone workest great marvels: Send down upon our clergy, and all congregations committed to their charge, the healthful spirit of thy grace; and that they may truly please thee, pour upon them the continual dew of thy blessing; and enkindle in them a zealous love of thy gospel: through Jesus Christ our Lord. **Amen.**

or this

O God, who hast made of one blood all the peoples of the earth, and didst send thy blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after thee and find thee; bring the nations into thy fold; pour out thy Spirit upon all flesh; and hasten the coming of thy kingdom; through the same thy Son Jesus Christ our Lord. **Amen.**

or this

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. **Amen.**

The Officiant may invite the People to offer intercessions and thanksgivings.

A hymn or anthem may be sung.

Before the close of the Office one or both of the following prayers may be used.

THE GENERAL THANKSGIVING

Officiant and People

Almighty God, Father of all mercies,
we, thine unworthy servants,
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us, and to all men.

We bless thee for our creation, preservation,
and all the blessings of this life;
but above all, for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee, give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful:
and that we may show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
Through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. Amen.

A PRAYER OF ST. JOHN CHRYSOSTOM

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

Officiant Let us bless the Lord.

People **Thanks be to God.**

From Easter Day through the Day of Pentecost, "Alleluia, alleluia" may be added to the preceding versicle and response.

The Officiant says one of these concluding sentences (and the People may be invited to join)

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

Amen.

2 CORINTHIANS 13:14^T

Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost. **Amen.**

ROMANS 15:13

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

EPHESIANS 3:20-21^T

OPENING SENTENCES OF SCRIPTURE

ADVENT

Prepare ye the way of the LORD, make straight in the desert a highway for our God.

ISAIAH 40:3

CHRISTMAS

Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Savior, which is Christ the Lord.

LUKE 2:10-11

EPIPHANY

For from the rising of the sun even unto the going down of the same my name shall be great among the Gentiles; and in every place incense shall be offered unto my name, and a pure offering: for my name shall be great among the heathen, saith the LORD of hosts.

MALACHI 1:11

LENT *and* OTHER PENITENTIAL OCCASIONS

Repent ye: for the kingdom of heaven is at hand.

MATTHEW 3:2

Turn thy face from my sins,
and put out all my misdeeds.

PSALM 51:9

Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

MARK 8:34

HOLY WEEK

Is it nothing to you, all ye that pass by? Behold, and see if there be any sorrow like unto my sorrow, which is done unto me, wherewith the LORD hath afflicted me in the day of his fierce anger.

LAMENTATIONS 1:12

EASTER

If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

COLOSSIANS 3:1

ASCENSION

Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

HEBREWS 4:14, 16

PENTECOST

Ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

ACTS 1:8

TRINITY SUNDAY

Holy, holy, holy, is the LORD God Almighty, which was, and is, and is to come.

REVELATION 4:8

DAYS OF THANKSGIVING

Honor the LORD with thy substance, and with the firstfruits of all thine increase: So shall thy barns be filled with plenty, and thy presses shall burst out with new wine.

PROVERBS 3:9-10

AT ANY TIME

The Lord is in his holy temple: let all the earth keep silence before him.

HABAKKUK 2:20

O send out thy light and thy truth, that they may lead me,
and bring me unto thy holy hill, and to thy dwelling.

PSALM 43:3

Thus saith the high and lofty One that inhabiteth eternity,
whose name is Holy; I dwell in the high and holy place, with
him also that is of a contrite and humble spirit, to revive the
spirit of the humble, and to revive the heart of the contrite ones.

ISAIAH 57:15

The hour cometh, and now is, when the true worshippers shall
worship the Father in spirit and in truth: for the Father seeketh
such to worship him.

JOHN 4:23

SEASONAL ANTIPHONS

ADVENT

Our King and Savior draweth nigh: *

O come, let us adore him.

CHRISTMAS

Alleluia, unto us a child is born: *

O come, let us adore him. Alleluia.

EPIPHANY, *and* THE FEAST OF THE TRANSFIGURATION

The Lord hath manifested forth his glory: *

O come, let us adore him.

PRESENTATION *and* ANNUNCIATION

The Word was made flesh and dwelt among us: *

O come, let us adore him.

LENT

The Lord is full of compassion and mercy: *

O come, let us adore him.

EASTER UNTIL ASCENSION

Alleluia. The Lord is risen indeed: *

O come, let us adore him. Alleluia.

ASCENSION UNTIL PENTECOST

Alleluia. Christ the Lord ascendeth into heaven: *

O come, let us adore him. Alleluia.

DAY OF PENTECOST

Alleluia. The Spirit of the Lord filleth the world: *

O come, let us adore him. Alleluia.

TRINITY SUNDAY

Father, Son, and Holy Ghost, one God: *

O come, let us adore him.

ALL SAINTS' *and* OTHER MAJOR SAINTS' DAYS

The Lord is glorious in his saints: *

O come, let us adore him.

ADDITIONAL DIRECTIONS

The Confession and Apostles' Creed may be omitted, provided each is said at least once during the course of the day.

The Gloria Patri (Glory be...) in the opening versicles may be said in unison.

The Officiant and People may join in saying "Alleluia" (except in Lent) as an alternative to the versicles "Praise ye the Lord. The Lord's Name be praised."

If an offering is to be received, it is appropriate to do so during the hymn or anthem following the Collects.

A sermon may be preached after the lessons, after the hymn or anthem following the Collects, or after the conclusion of the Office.