SEASONAL GREETING

Celebrant Bless the Lord who forgives all our sins.

People His mercy endures for ever.

COLLECT OF THE DAY

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities that may happen to the body, and from all evil thoughts that may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

OLD TESTAMENT READING

Genesis 22:1-14

After these things God tested Abraham and said to him, "Abraham!" And he said, "Here I am." 2 He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains of which I shall tell you." ³ So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac. And he cut the wood for the burnt offering and arose and went to the place of which God had told him. 4 On the third day Abraham lifted up his eyes and saw the place from afar. 5 Then Abraham said to his young men, "Stay here with the donkey; I and the boy will go over there and worship and come again to you." 6 And Abraham took the wood of the burnt offering and laid it on Isaac his son. And he took in his hand the fire and the knife. So they went both of them together. ⁷ And Isaac said to his father Abraham, "My father!" And he said, "Here I am, my son." He said, "Behold, the fire and the wood, but where is the lamb for a burnt offering?" ⁸ Abraham said, "God will provide for himself the lamb for a burnt offering, my son." So they went both of them together.

⁹ When they came to the place of which God had told him, Abraham built the altar there and laid the wood in order and bound Isaac his son and laid him on the altar, on top of the wood. ¹⁰ Then Abraham reached out his hand and took the knife to slaughter his son. ¹¹ But the angel of the LORD called to him from heaven and said, "Abraham, Abraham!" And he said, "Here I am." ¹² He said, "Do not lay your hand on the boy or do anything to him, for now I know that you fear God, seeing you have not withheld your son, your only son, from me." ¹³ And Abraham lifted up his eyes and looked, and behold, behind him was a ram, caught in a thicket by his horns. And Abraham went and took the ram and offered it up as a burnt offering instead of his son. ¹⁴ So Abraham called the name of that place, "The LORD will provide"; as it is said to this day, "On the mount of the LORD it shall be provided."

Reader: The word of the Lord.

People: Thanks be to God.

PSALTER VERSES

(In said services, the psalm verses may be placed between the Epistle and the Gospel, with the congregation standing in preparation for the Gospel. At services where there is a hymn or canticle before the Gospel, the psalm might be said between the Old Testament and Epistle, the people seated.)

Psalm 16 or 16:6-12

- (¹Preserve me, O God, * for in you have I put my trust.
- ² O my soul, you have said unto the LORD, *
 "You are my Lord; I have no good apart from you."
- ³ All my delight is upon the saints who are on the earth, * and upon those who excel in virtue.
- ⁴ But those who run after another god * shall have great trouble.
- ⁵ Their drink offerings of blood I will not offer, * neither make mention of their names with my lips.)
- ⁶ The LORD himself is the portion of my inheritance and of my cup; * you shall maintain my lot.
- ⁷ The boundaries have fallen for me in pleasant places; * indeed, I have a goodly heritage.

- 8 I will thank the LORD for giving me counsel; * my heart also chastens me in the night season.
- 9 I have set the LORD always before me; * he is at my right hand; therefore I shall not fall.
- ¹⁰ Therefore my heart is glad and my soul rejoices. * My flesh also shall rest in hope.
- ¹¹ For you shall not leave my soul in the grave, * neither shall you allow your Holy One to see corruption.
- ¹² You shall show me the path of life; in your presence is the fullness of joy, *

and at your right hand there is pleasure for evermore.

Epistle Reading

Romans 8:31-39

against us? ³² He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? ³³ Who shall bring any charge against God's elect? It is God who justifies. ³⁴ Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. ³⁵ Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? ³⁶ As it is written,

What then shall we say to these things? If God is for us, who can be

"For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered."

³⁷ No, in all these things we are more than conquerors through him who loved us. ³⁸ For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, ³⁹ nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Reader: The word of the Lord.

People: Thanks be to God.

THE HOLY GOSPEL

Deacon: The Holy Gospel of Our Lord Jesus Christ, according to

St. Mark.

People: Glory to you, Lord Christ.

Mark 8:31-38

And he began to teach them that the Son of Man must suffer many things and be rejected by the elders and the chief priests and the scribes and be killed, and after three days rise again. ³² And he said this plainly. And Peter took him aside and began to rebuke him. ³³ But turning and seeing his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are not setting your mind on the things of God, but on the things of man."

³⁴ And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. ³⁵ For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. ³⁶ For what does it profit a man to gain the whole world and forfeit his soul? ³⁷ For what can a man give in return for his soul? ³⁸ For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes in the glory of his Father with the holy angels."

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

OFFERTORY AND POST-COMMUNION SENTENCES

(Drawn from verses of Holy Scripture, these sentences are chosen by the celebrant or preacher to reinforce the lessons or teaching of the day.)

PROPER PREFACE

Lent

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Sources: The Collect of the Day is taken from the Book of Common Prayer 2019. The Psalm verses are taken from the New Coverdale Psalter of the BCP 2019. Scripture quotations are taken from The ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.